

CERTIFICATE

OF PARTICIPATION

This is to certify that

Gareth Gilmour

Has successfully participated & completed the

10kmTRAIL Run Kariega Trail Run 2018

held at Southwell Cricket Field.

TIME 01:43:59

PACE 10:22/km

OVERALL 78 of 94

GENDER 44 of 49

40 - 49 13 of 14

29 December 2018, Sat

Date